

Costa Rica 2026

March 7-14, Anamaya Resort

Montezuma Beach

Anamaya.com

Join Kimberly Manthey for a week of yoga, laughter, and fun. Unwind, restore and nourish your soul.



Two yoga classes offered daily. A morning vinyasa and an afternoon restorative. The rest of the time is yours to enjoy.

Experience the beach, the surf, go for a hike to a waterfall, or indulge in the onsite spa with a massage.

- Zip line
- Surf lessons
- Cooking Lesons
- Dance lessons
- Snorkle Tortuga Island
- Bioluminescence boat tour



Email anamayareservations@gmail.com. Use Reference Code **DIRTYFEET** It will sell out!

Retreat Pricing subject to change. Please check with Anamaya.



Dorm Rate:

\$895

per week (plus tax).

We have two lovely "dormitory style" rooms at Anamaya that accommodate 5 women. Both Dorms have stunning ocean views, are a great option for solo travelers and are for women only.

Triple Rate:

\$1,195

per week (plus tax).

We have three rooms at Anamaya that accommodate 3 people... including our amazing treehouse! Each with amazing ocean views that will take your breath away. Our triple rooms are for women only.

Double Rate:

\$1,395

per week (plus tax).

Choose one of our beautiful double occupancy cabanas, each with epic views and private bathrooms. These rooms are perfect for couples or BFFs, mother & daughter, etc. They are only booked in pairs.

Single Deluxe:

\$1,995

per week (plus tax).

Have one of our beautiful deluxe cabanas all to yourself.

All rooms have Air Conditioning.

Inclusions

- 7 nights accommodations
- 3 meals a day and snack along with tea and filtered water service

Exclusions

- Airfare to/from Anamaya
- Private Shuttle Transportation to and from the resort about \$50; Coordinated by the resort
- Spa treatments or excursions
- Yoga Classes or workshops
- Gratuities



Cancellations

If you need to cancel your reservation more than 60 days before your scheduled arrival date, then Ana will refund half of the money you paid for deposit.

If you need to cancel your reservation 60 days or less before your scheduled arrival date, then you will lose your deposit.

If you need to leave your retreat early, you will not receive any refund on the remaining time of your scheduled stay.

Please note: We recommend buying trip insurance.

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Questions? Email Kimberly at dirtyfeetyogastudio@gmail.com

