

# **DIRTY FEET RETREATS**

## **GREECE JUNE 15-22, 2025**



### ***Tours and Local Cuisine***

Relish divine local Mediterranean cuisine with a slow-paced Greek style of dining and enjoy a fun *Mamma Mia island tour and walking tour of Skopelos Town.*

### ***Yoga and Sailing***

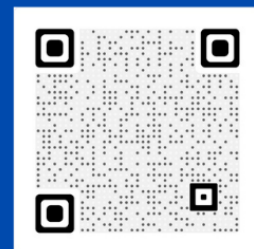
Practice daily yoga overlooking the Aegean Sea, designed for all yoga levels. We will take time to relax at the local beaches and for those wanting to experience island life to the fullest, we will spend a day on the water aboard a sailing boat.

### ***Spa Time and Shopping***

Enjoy a day to unwind and recharge at your own pace. Indulge in a one-hour included massage, relax by the pool, read a book on the beach, or roam the island's narrow streets, explore the whitewashed houses, and traditional tavernas, and immerse yourself in the local culture.

Skopelos, the Greek island, known as the gem of the Aegean Sea, is a place of stunning natural beauty, with lush green forests, crystal-clear waters, and picturesque beaches. A perfect destination for those seeking a peaceful and authentic Greek island experience.

During this retreat, we will stay seven nights in a comfortable 4-star resort with breathtaking views.



**BOOK TODAY**

**<https://createspace.yoga/retreats/2025-06-happy-feet>**

# Inclusions

- Daily Yoga
- 7 night accomodation
- Fine dining & local cuisine (2 meals per day)
- Sailing Tour
- 1 Hour Massage
- Mamma Mia Tour
- Walking Tour of Skopelos Town
- Ferry from Skiathos

---

## Prices

**TWIN SHARE DEPOSIT \$400 Early Bird; \$500 after Feb. 15, 2025**

**SINGLE ROOM DEPOSIT \$500 Early Bird; \$600 after Feb. 15, 2025**

**TWIN SHARE ROOM \$2890 per person Early Bird; \$3090 per person after Feb. 15, 2025**

**SINGLE ROOM \$3690 per person Early Bird; \$3890 per person after Feb. 15, 2025**



Kimberly Manthey, founder of Dirty Feet Yoga and Wellness has been instructing for over 25 years. Her mission is to bring together the body, mind, and spirit each and every time she crosses your path. She began yoga in 1997 as a means of stress reduction when her high powered corporate career, grief over the death of her father, and a brand new marriage all collided and caused her to re-evaluate her purpose. In addition to leading several yoga retreats nationwide, and internationally, she has coached corporate sales teams, schools, and hundreds of individuals, and brings with her a unique blend of humor and story telling. Comfortable instructing to all levels of yoga, her classes can range from gentle and soothing to powerful and dynamic. She looks forward to meeting you wherever you are on your journey in life. Namaste!

## BOOK TODAY

**<https://createspace.yoga/retreats/2025-06-happy-feet>**

